

# FEBRUARY 2016 NEWSLETTER

## CENTER STAFF

**Sharon Brassard**  
Recreation Director

**Mona Stankovich**  
Administrative Assistant

**Kera Ashline,** Cook

## **SOUTH BERWICK SENIOR CENTER**

71 Norton Street  
South Berwick, ME 03908

seniorcenterassist@yahoo.com  
207-384-3310

**THE CENTER WILL BE CLOSED MONDAY, FEBRUARY 15TH,  
IN OBSERVANCE OF PRESIDENT'S DAY**

## ADVISORY COUNCIL

**Lois Bopp**

**Dede Dionne**

**Louise Fournier**

**Bernie Labonte**

**Joan Labonte**

**Bettina Laverriere**

**Frank McCarthy**

**Joyce Perreault**

**Marlene Taylor**

### **THE FAMILY LOVE LETTER - WEDNESDAY, FEBRUARY 3RD**



When the unexpected happens, wouldn't it be a relief to know that you have an emergency plan in effect. The Family Love Letter gathers all the information that your family will need to take care of these things. For example; lock boxes, keys, Post Office information, pet care, bank accounts, vehicles, etc. This program will be presented by Denise Petrin, Financial Advisor, Wells Fargo, LLC. The seminar is limited to 40, so you must register in advance. If you are an automatic for lunch, this does not mean you will be automatically signed up for the Love Letter program. There are two different sign ups this day...one for the seminar and one for lunch. The seminar will begin at 11:00am.

Suggested donation: \$6.00/members \$7.00/nonmembers

### **HAPPY VALENTINE'S DAY WITH TERRIE COLLINS WEDNESDAY, FEBRUARY 10TH**



Let's fill the room with lots of red as we welcome Terrie back for our Valentine's Day Party. The entertainment will begin at 11:00am and Kera's delicious oven-fried chicken will be served at noon. There will be a free raffle ticket for anyone wearing a heart. Bring someone special to celebrate this "I love you" kind of day. Suggested donation: \$7.00/members \$8.00/nonmembers

### **ELVIS RETURNS—WEDNESDAY, FEBRUARY 17TH**



Get ready to rock n' roll at 11:00am, when Elvis (Bill Bishop) will be in the building to bring back the songs of the great Elvis Presley. So close to Valentine's Day, we will be looking forward to hearing some of the King's great love songs. You won't want to miss this great show.

Suggested donation: \$7.00/members \$8.00/nonmembers

  
Senior Center  
Publications



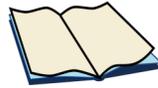
### **ON THE ROAD AGAIN - WEDNESDAY, FEBRUARY 24TH**

Collette's Matthew Voccola will return to the Center with a new and exciting presentation. Destinations include the Music Cities, San Francisco, Ireland and Australia. If you are interested in travelling to a specific destination, let us know, so we can have him add this to his program. If you are interested in any of Matthew's previous trips, you should be thinking about making those arrangements now.

Suggested donation: \$6.00/members \$7.00/nonmembers

**2016 MEMBERSHIP DIRECTORIES**

Many of you have been asking for an updated Membership Directory, These directories should be available on March 10th. If you are interested, stop by the office and pick one up.



**WE MISS YOU, EMMY!**



As many of you have noticed, Emmy is no longer preparing her delicious meals for us on Thursdays. She has decided it is time to enjoy retirement. We have missed her and want to thank her for many years of great lunches...especially her corn chowder. Thank you again, Emmy. We would love to see you at some of our events very soon. Also, Happy 93rd Birthday to you on February 7th.

**AARP TAX AIDE**



AARP will be returning to the Center to provide free tax help and preparation service for low and moderate income taxpayers. This service will be available by scheduled appointments on Friday's beginning February 5th through April 15th from 11:00am to 3:00pm. To schedule an appointment, please call 384-3306 or 384-3310. You do not have to be a member of the Center or a resident of South Berwick to take advantage of this service. It will be necessary for you to bring proof of medical insurance, W-2's, 1099's, tax bills and other deductions when you come for your appointment.

**VICTORIAN TEA—MARCH 9TH**



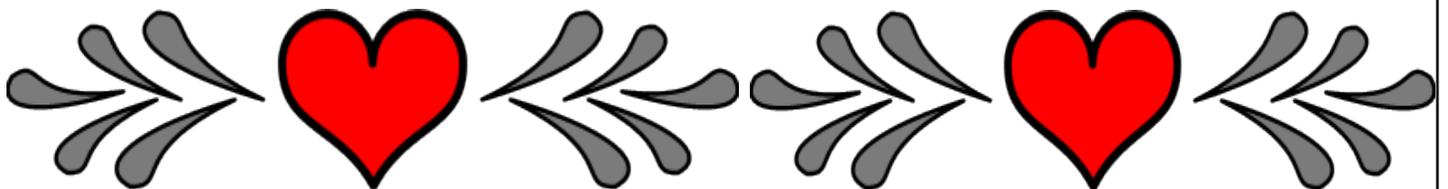
Once again, the Old Berwick Historical Society is sponsoring a program here at the Center. On Wednesday, March 9th at 11:00 am, Rita Pirisi from Waterfall Productions, will be here with her unique solo touring theatrical show. From 1900 to 1914 the afternoon tea was the social forum for ladies. They would often engage in lively discussions about the latest fashions and social concerns. This production will take you back to those charming afternoons. "Mrs. Gordon", a middle-class housewife, will entertain you during her 1908 Tea as she tells you stories that will illuminate life at the turn of the 20th century. All ladies are encouraged to wear their most beautiful hat and take part in this magnificent Victorian tea...gentlemen are welcome.

**SENIOR TRIPS**



Keep an eye out for some upcoming trips to be posted on our bulletin board. We are planning a Lobsterfest at Indian Head on June 13th and 14th. There will also be a Sunday Lobster Cruise on the Beauport Princess in Gloucester, MA. Our trips to Interlakes Summer Theatre will include lunch out and the plays will be Nine to Five in July and Footloose in August. Details to follow.

**SUPPORT THE GREAT WORKS LAND TRUST NEWSLETTER FOLDING PARTY ON WEDNESDAY, FEBRUARY 3RD, FROM 9:00 AM TO 11:00 AM,**





# FEBRUARY MENU

**FEBRUARY 3 (W)**

**Family Love Letter  
Beef Stew and Biscuit**

**FEBRUARY 4 (T)**

**Soup, Salad and Sandwiches**

**FEBRUARY 10 (W)**

**Valentine's Day Party\*\*  
Oven Fried Chicken**

**FEBRUARY 11 (T)**

**Soup, Salad and Sandwiches**

**FEBRUARY 17 (W)**

**Elvis Returns\*\*  
Pork Roast**

**FEBRUARY 18 (T)**

**Soup, Salad and Sandwiches**

**FEBRUARY 24 (W)**

**On the Road Again with Collette  
Lasagna prepared by  
Chef Mark of Spring Hill**

**FEBRUARY 25 (T)**

**Soup, Salad and Sandwiches**

## MEAL INFORMATION

**PLEASE NOTE:** Reservations are required for all Wednesday meals and must be made 48 hours in advance. You must cancel by Monday for a Wednesday meal or you will be charged for that meal. The suggested donation for a meal is \$6.00/members and \$7.00/nonmembers. All special events are indicated by an \*\* and the suggested donation is \$7.00/members and \$8.00/nonmembers. If you would like to join us for a meal, but cannot afford to pay, please see Sharon and arrangements will be made confidentially.

**CANCELLATION POLICY:** In the event of inclement weather, please watch WCSH 6 for a cancellation. Our policy is that if school is cancelled for SAD #35, the Center will be closed.

**DON'T FORGET:  
Thursdays are a la carte.  
No reservations required!!**

**REMINDER:**  
All beverages are \$.50 per cup.  
(No Free Refills)  
Thank you for your cooperation.



# FEBRUARY 2016

Mon	Tue	Wed	Thu	Fri
<p><b>1</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo</p> 	<p><b>2</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong SILENT AUCTION TOMORROW PLEASE REMEMBER BAKE</p>	<p><b>3</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00am <b>FAMILY LOVE LETTERS</b> 1:00pm Bridge</p> 	<p><b>4</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards</p>	<p><b>5</b> 9:00am 2 Mile Walk</p>
<p><b>8</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo</p>	<p><b>9</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong</p>	<p><b>10</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00am <b>VALENTINE'S DAY PARTY</b> 1:00pm Bridge</p> 	<p><b>11</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards</p>	<p><b>12</b> 9:00am 2 Mile Walk</p>
<p><b>15</b> <b>THE CENTER WILL BE CLOSED FOR PRESIDENT'S DAY</b></p>	<p><b>16</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong</p>	<p><b>17</b> 9:00am 2 Mile Walk 10:00am Line Dancing 10:45am <b>ELVIS RETURNS</b> 1:00pm Bridge</p> 	<p><b>18</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards</p>	<p><b>19</b> 9:00am 2 Mile Walk</p>
<p><b>22</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo</p>	<p><b>23</b> 9:00am 2 Mile Walk 1:00pm Cards Mahjong</p>	<p><b>24</b> 9:00am 2 Mile Walk 10:00am Line Dancing 11:00 <b>ON THE ROAD AGAIN WITH COLLETTE</b> 1:00pm Bridge</p> 	<p><b>25</b> 9:00am 2 Mile Walk 10:15am Beg. Line Dancing 11:30am LUNCH 12:00 Noon Whist/Cards</p>	<p><b>26</b> 9:00am 2 Mile Walk 10:00am <b>ADVISORY COUNCIL MEETING</b></p>
<p><b>29</b> 9:00am 2 Mile Walk 12:30pm Cribbage 1:00pm Bingo</p>				

# What's Happening at the Center

The Center is open Monday through Friday. We will, however, close the Center in the event of snow or bad weather. Tune into Channel 6 or 13. If RSU 35 is closed, we will be closed as well.

## TIME FOR CARING

### FOOT CARE CLINIC

- 2/24** Provided by Lorraine Thomas from York Hospital the 4th Thursday of each month. Call 384-3310 to schedule an appointment.
- 2/10** HomeHealth Visiting Nurses will be providing foot care the 2nd Wednesday of every other month. Call 1-800-660-4867 for an appointment.

### BLOOD PRESSURE CHECKS

- 2/10** South Berwick Emergency Rescue will be providing free blood pressure checks from 10:00 to 11:00 AM. This service will be provided the second Wednesday of each month.

## MOVING AND GROOVING

### LINE DANCING

Wednesdays: 10am-11:30am  
 Thursdays: Beginner Class 10:15am-11:30am  
 DONATION: \$1.00

The popular Friday Line Dance Class led by Tina Page is presently on hold and we wish both Dick and Tina a speedy recover. We will announce when this class will start again.

### INDOOR WALKING VIDEO

Monday through Friday  
 9am (2 mile walk)  
 DONATION: \$1.00

## FUN AND GAMES

### MONDAY

\*CRIBBAGE: 12:30pm/Dance Room  
 BINGO: 1pm/Dining Room  
 10 cents per game

### TUESDAY

\*CARDS: 1:00pm/Dance Room  
 \*MAHJONG: 1:00pm/Dining Room

### WEDNESDAY

\*BRIDGE: 1pm /Dance Room  
 \*CARDS; 1pm/Living Room

MORE PLAYERS NEEDED  
 EVERYONE IS WELCOME

**\*denotes free activity**

### THURSDAY

\*WHIST: 12:00 Noon  
 in the Dance Room  
 \*CARDS: 12:00 Noon  
 in the Dining Room

**SOUTH BERWICK SENIOR CENTER**

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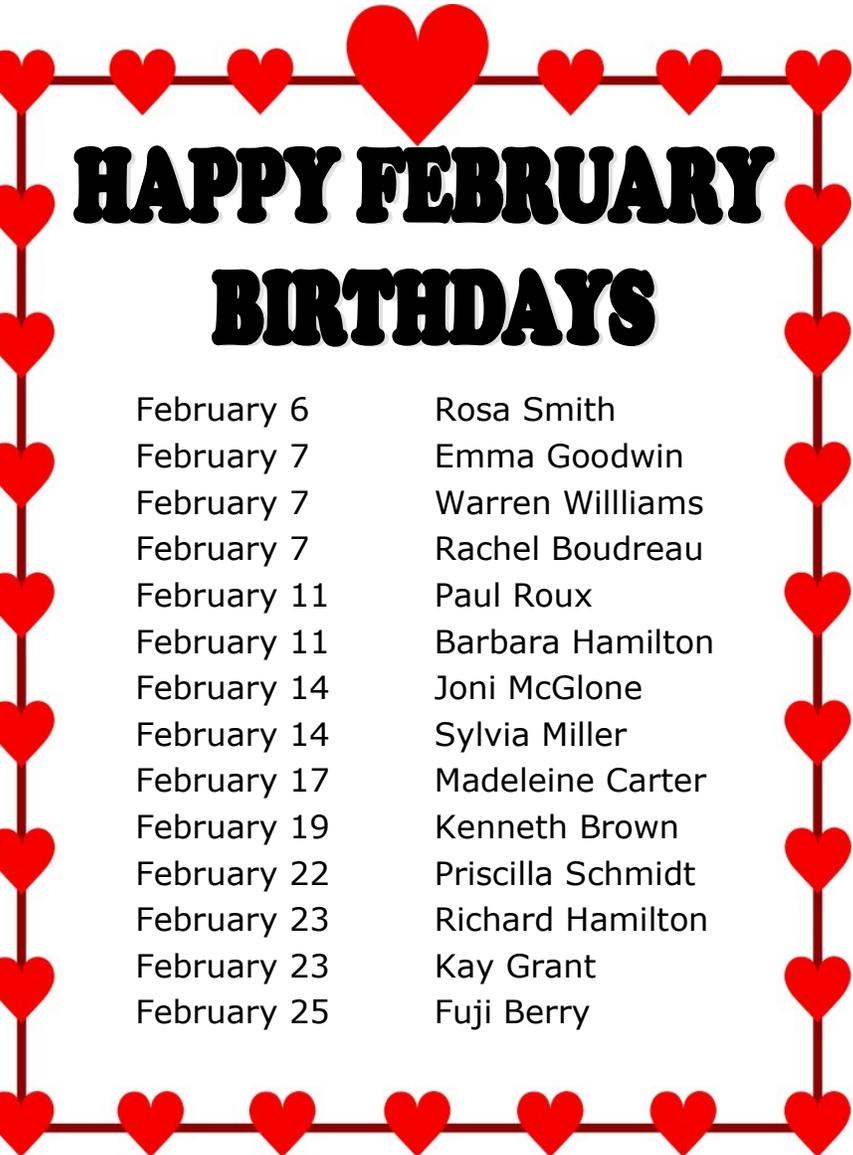
The South Berwick Senior Center is a gathering place for anyone over the age of 50 to enjoy good times, good food and good friends. The Center offers a wide range of activities from board games to exercise classes to line dancing, as well as opportunities for travel and adventure or the chance to just sit down and have a cup of coffee with a friend. There is always something going on at the Center, so come and check it out! We are open Monday through Friday and we are located in the South Berwick Community Center at 71 Norton Street. If you have any questions or need directions, please call or send us an email. We look forward to hearing from you!

**VOLUNTEER INFORMATION**

The Senior Center simply would not function if not for all of the wonderful volunteers who give of their time and of themselves so generously. We are currently looking for volunteers for our reception desk (sign up sheet located in entryway) and for meal help, including meal service and dish duty (sign up sheet on kitchen door). We would like to provide a free meal to all our volunteers, but we cannot do so unless we know you are coming, so signing up ahead of time is a must!! If you have any questions, please see Mona or call us at 384-3310. Many hands make light work, so the more the merrier! We are in critical need of volunteers to help with dishes. Please let us know if you can help out.

**HAPPY FEBRUARY BIRTHDAYS**

February 6	Rosa Smith
February 7	Emma Goodwin
February 7	Warren Williams
February 7	Rachel Boudreau
February 11	Paul Roux
February 11	Barbara Hamilton
February 14	Joni McGlone
February 14	Sylvia Miller
February 17	Madeleine Carter
February 19	Kenneth Brown
February 22	Priscilla Schmidt
February 23	Richard Hamilton
February 23	Kay Grant
February 25	Fuji Berry



**VALENTINE'S DAY SILENT AUCTION**

Make our Silent Auction on Wednesday, February 3rd, a special one. Please bring in some wonderful Valentine sweets so we can have a fantastic, fun auction. How nice would it be to be able to give your sweetheart a home-baked surprise. Bring your baked goods to sell and your money to spend.



**OUR ADVISORY COUNCIL WILL MEET ON FRIDAY, JANUARY 29TH AT 10:00 AM. WE LOOK FORWARD TO MAKING PLANS FOR ANOTHER GREAT YEAR!.**